

## Lexercise



Lexercise is an online therapy and learning platform. It helps children and youth with dyslexia and language difficulties improve reading, writing, and spelling through guided activities.

## Target Audience

-  **Parents**
-  **Youth:** with SLD, Youth from disadvantaged or minority backgrounds, Youth with low digital competences

## Benefits of this tool

-  Gives structured support for dyslexic youth to build reading and spelling skills step by step.
-  Involves parents, teachers, and professionals, making learning a shared and inclusive process.

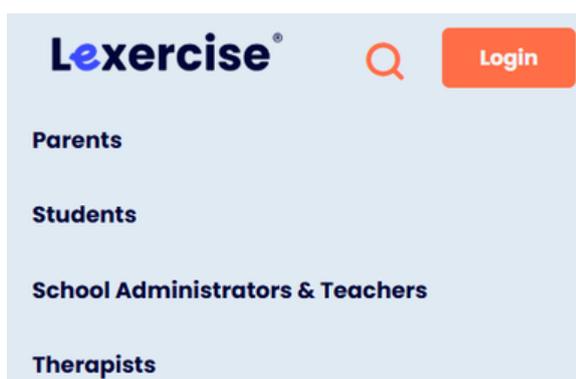
## Additional Considerations

-  **Multilingual support:** Mainly available in English.
-  **Cost considerations:** Free games and screening tests; paid subscription for full therapy sessions with a professional.
-  **Technical requirements:** Works on computer, tablet, or smartphone with internet connection.
-  **Adaptations for DYS-users:** Exercises use clear fonts, simple steps, and game-like activities to keep dyslexic students motivated and reduce stress.



## How to Use with Youth

- 1 **Sign up:** Create an account on the Lexercise website.
- 2 **Choose a program:** Pick between free practice games or professional therapy sessions.
- 3 **Practice together:** Encourage the youth to complete daily online exercises with reading and spelling tasks.
- 4 **Track progress:** Review results and give feedback, celebrating improvements step by step.
- 5 **Stay connected:** Parents or educators can get reports and join online therapy sessions if needed



### Free Testing

- Dyslexia Test
- Dysgraphia Test
- Learning Disability Test
- Emotional and Behavioral Test
- Listening Comprehension Test
- Mississippi Screener for Schools

