DYS.

GoogleKeep

Google Keep is a simple, visual note-taking app that helps users quickly capture, organize, and access ideas, tasks, and reminders across all devices.

Target Audience

Youth workers: Google Keep can support youth workers in helping young people plan their tasks, reflect on activities, or engage in journaling exercises. It's a great way to encourage structure and consistency in their work with individuals or groups.

Parents: For parents, Google Keep can serve as a simple tool to help children organize schoolwork, daily routines, or household tasks. It encourages collaboration and responsibility by allowing families to share notes and checklists.

Youth: The app is especially useful for young people who experience challenges related to dyslexia, ADHD, or executive functioning. Its clear layout, visual elements, and voice features make planning, organizing, and remembering information easier and more enjoyable.

Benefits of this tool

Supports visual memory through color-coded notes and pictograms.

Reduces cognitive overload by breaking tasks into smaller, manageable steps.

Encourages independence, self-organization, and routine building.

Additional Considerations

Multilingual support: Available in multiple languages

Cost considerations: Free with a Google account.

Technical requirements: requires a Google account and internet connection; works on web, Android, and iOS.

Adaptations for DYS-users: The visual layout, color-coding, and voice-to-text options reduce reading and writing difficulties, to ensure both inclusive learning and productivity.

How to Use with Youth

1 Sign in with a Google account – open keep.google.com or the mobile app.

2 Create notes – type, dictate, or draw notes; add labels or colors for easy recognition.

3 Set reminders – attach time-based or location-based alerts to support time management.

4 Share notes – with others to collaborate on projects, event planning, or shared to-do lists.

5 Use images or audio – to record ideas visually or verbally, reducing the pressure of writing for those who prefer other formats.