



## NEURODIVERSITY Belgium



**NEURODIVERSITY Belgium**

SUPPORT | COURSES | WORKSHOPS

The neurodiversity movement in Belgium recognises and celebrates the natural variety in brain functioning while advocating for inclusive practices and environments where all cognitive styles are valued and supported. Resources, courses and workshops are available for youth workers [here](#).

### Target Audience

-  **Youth workers:** educators, trainers, non-formal education facilitators, youth counsellors.
-  **Youth:** Youth with SLD, Youth from disadvantaged or minority backgrounds, Youth with low digital competencies.
-  **Parents**



### Benefits of this tool

-  Access to comprehensive information on neurodiversity (ADHD, autism, dyslexia, dyspraxia...). It helps youth workers to be better informed about the different ways youth may experience learning and helps build inclusive practices.
-  Supportive network and event opportunities for inclusion and peer support. It offers avenues to refer youth and their families to external peer-support, inclusion-friendly environment and social connection opportunities.

### Additional Considerations

-  **Multilingual support:** English
-  **Cost considerations:** Free
-  **Technical requirements:** None
-  **Adaptations for DYS-users:** The website uses clear, structured layouts and accessible fonts that support SLD users, and all resources are written for DYS users.



## How to Use with Youth

- 1 Learn about neurodiversity which will youth workers to better understand the different types of neurodivergences and adapt their communication, teaching and activity design for diverse youth.
- 2 Explore condition-specific resources.
- 3 Use the life-stage guidance by checking their “16 go 30 years” section to better understand the challenges and transitions young people face: education, employment, independence, etc.
- 4 Connect to support networks by looking at the events and peer groups to find inclusive spaces for youth.
- 5 Promote awareness and inclusion with campaigns form the site, articles, etc.

