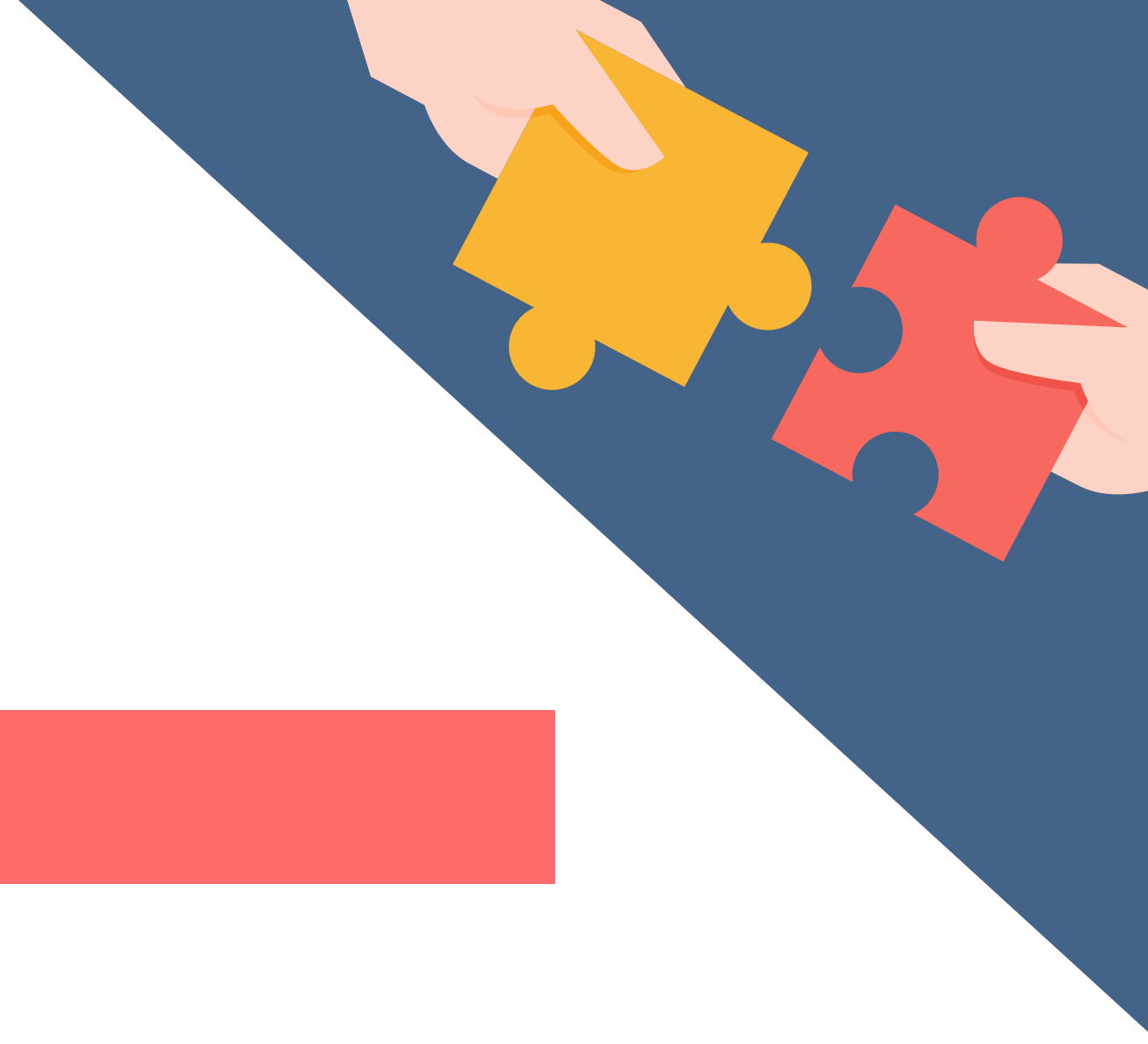




LEARNING STYLE STATIONS

ACTIVITY SPECIFICS:

Tool type: Rotational learning exercise

Our inspiration: Universal Design for Learning (UDL)

Format: Indoor activity; group-based rotational stations

Time needed: 45 - 60 min

SET-UP

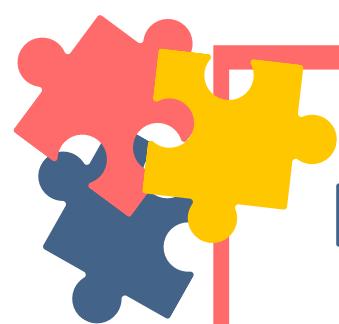
- 3–4 stations prepared in advance, each with a different learning modality:
 - **Visual station** (images, diagrams, videos);
 - **Auditory station** (spoken instructions, audio clips);
 - **Kinesthetic station** (hands-on task, movement-based activity);
 - **Optional:** Reading/Writing station (text-based instructions);
- Materials depending on tasks (paper, markers, objects, audio device, printed visuals);
- Timer to manage rotations;
- Instruction cards for each station.

Number of participants: 12 - 30

Focus (SLD topic)

Differentiated learning and instruction
Strengths-based approach to SLD;
Reading and language processing (dyslexia);
Attention and engagement (ADHD);
Importance of multimodal teaching for inclusion.

ACTIVITY OVERVIEW



Learning Style Stations is an interactive rotational activity where participants complete the same or similar task through different learning modalities (visual, auditory, kinesthetic, and/or text-based).

By experiencing each station, participants explore how different approaches affect understanding, engagement, and performance. The activity highlights that learners with Specific Learning Disorders (SLD) often benefit from flexible and varied teaching methods, and that no single approach works for everyone.



LEARNING STYLE STATIONS

INSTRUCTIONS / STEPS

1. Introduction (5–10 minutes)

- Introduce the concept of different learning approaches (visual, auditory, kinesthetic);
- Explain that participants will rotate through stations and complete tasks in different ways;
- Divide participants into small groups.

2. Station Rotations (25–30 minutes)

Assign each group to a starting station.

At each station, participants complete a task using only that modality:

- **Visual:** interpret diagrams or images to complete a task;
- **Auditory:** listen to instructions and complete the task;
- **Kinesthetic:** learn by doing or manipulating objects;
- **Reading/Writing (optional):** follow written instructions

Allow 5–8 minutes per station, then rotate groups.

3. Observation & Reflection During Activity

Encourage participants to notice:

- Which stations felt easier or harder?
- How confident they felt?
- How engaged they were?

4. Debrief & Reflection (10–20 minutes)

Facilitate discussion with questions such as:

- Which station worked best for you and why?
- Which one was most challenging?
- How did different formats affect your understanding?
- How might this relate to learners with SLD?

5. Key Takeaway

- Emphasize that flexibility in teaching methods is essential for inclusion;
- Highlight that combining multiple approaches supports a wider range of learners and reduces barriers.

